

# JANUARY

PARENT NEWSLETTER 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
1 HAPPY NEW YEAR	2 SCHOOLS CLOSED	3	4	5	6	7
8 Wear your Antlers	9	10	11	12	13 SCHOOLS CLOSED	14
15	16 SCHOOLS CLOSED	17 Vita Tax Preparation	18	19	20	21
22 Chinese New Year	23	24	25	26 FIELD TRIP	27 FIELD TRIP	28
29	30	31				



**IMPORTANT DATES: ACTIVITIES & EVENTS**

- School Closures- January 2nd, 13th, 16th
- January 6th- Kindergarten Fair
- Jan. 26th, 27th Field Trip-Children's Museum



## A LOOK AT SOME OF OUR PROGRAM EVENTS

### TAX PREPARATION

Clover is a VITA tax location. Every year the VITA program saves taxpayers, like you, thousands of dollars by staffing sites with IRS-trained preparers to assist you for free, so you can keep your hard-earned money in your pocket. (See your Family Advocate for more information).

### FIELD TRIPS

Clover Academy Head start classrooms will be visiting the Children's Museum. Please see your child's teacher for their scheduled field trip date

### Monthly Quote

"Children learn more from what you are than what you teach them."  
- WEB DuBois

### REMINDERS

Clover's school hours are as followed:

- MONDAY – FRIDAY
- 7:45 AM – 3:00PM

Tardy (After 9Am).

It is imperative that children arrive on time and for your child to be picked up on time.

Late Pick-Up (after 3:00pm-fees will apply).

Change of Clothes

All children are required to have three sets of clothing for changing available daily.

### LOOK OUT FOR NEXT MONTH...

- School Closures- February 17th, 20th, 21st.
- February 13th-16th- Mardi Gras Spirit Week

## HEALTH TIPS

### Keep Your Kids Healthy this Winter

As you prepare for holiday parties and celebrations, follow these guidelines to have minimal impact on the health and well being of your youngest family members.



- Keep naptimes regular:**  
To keep a joyful atmosphere (and healthy child development) in the air, regular naptimes are best.
- Get your family flu shots:**  
Flu shots are for all but the littlest ones (under 6 months old).
- Keep healthy snacks/meals on hand:**  
Treats are unavoidable, but be prepared to offer youngsters healthy options as well.
- Wash hands regularly:**  
Gatherings bring joy, but also expose you to germs. Wash hands regularly to avoid spreading illness.
- Drink lots of water:**  
Nursing mothers need to stay hydrated to produce breast milk. Active children should drink 6-8 glasses of water daily.
- Keep a humidifier ready:**  
Starting to sense a cold coming on? Humidifiers help break down nasal congestion and are useful to counter dry winter weather and central heating systems.

Want more tips on how to keep your kids safe and healthy? Download the Circle App and have more parenting tips at your fingertips:  
[www.ProvidenceCircleApp/download](http://www.ProvidenceCircleApp/download)